

FACILITATOR SELF-EVALUATION

Date Completed: ____ / ____ / ____

Facilitator: _____

Organization: _____

*Please respond to each of the statements below by circling the number to indicate how much you **AGREE** or **DISAGREE** with each one. Mark only one choice for each statement. Thank you for your participation.*

	Strongly Agree	Agree	Disagree	Strongly Disagree
1. I explained the purpose of the exercises.	1	2	3	4
2. I made the materials for the session readily available.	1	2	3	4
3. The Interactive Journals were regularly used as part of the session.	1	2	3	4
4. The sessions started on time.	1	2	3	4
5. The sessions were held for the entire scheduled time.	1	2	3	4
6. I used summarizing statements.	1	2	3	4
7. I made sure the participant(s) understood the information before moving on.	1	2	3	4
8. I listened to questions and comments.	1	2	3	4
9. I responded to questions and comments.	1	2	3	4
10. I encouraged participation.	1	2	3	4
11. I challenged participants' thinking errors.	1	2	3	4
12. I helped the participant(s) apply the skills they learned in session to their real lives.	1	2	3	4
13. I used real life examples to get ideas across.	1	2	3	4
14. I dealt with distractions during the session.	1	2	3	4
15. I was able to handle disruptive participants.	1	2	3	4
16. I encouraged participation from the participant(s).	1	2	3	4
17. I encouraged the sharing of differing opinions.	1	2	3	4
18. I adjusted the pace of the session depending on the participants' understanding (went slower if they needed more time of sped things up if they understood it).	1	2	3	4
19. If the participant(s) didn't understand the topic then I tried to teach it by using an additional or different activity.	1	2	3	4
20. I was sensitive to differences in race, gender and culture.	1	2	3	4
21. I enjoy facilitating the sessions.	1	2	3	4
22. I really think the sessions and journals are helping the participant(s) make changes in their behavior.	1	2	3	4

Average (Total ÷ 22) =