Responsible Behavior

Facilitator Assessment of Participant

Unique Client ID: __________________________
Facilitator: __________________________
Organization: __________________________
Assessment Type: □ Pre □ Post
Session Type: □ Group □ Individual
Date Completed: _____ / _____ / _____

SCORING DEFINITIONS

Strongly Agree
Maintenance only
Agree
Further practice desirable
Disagree
Further practice or development required
Strongly Disagree
Basic skill/knowledge deficit

Circle the number that best represents your level of agreement. Then, calculate the average score for each category (Attitudes, Knowledge, and Skills). Refer to the instructions to interpret scores.

Attitudes

1. The participant intends to use his or her positive situations to further his or her change efforts.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

2. The participant regards the interaction between his or her situations, thoughts, feelings, behaviors and consequences as important.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

3. The participant places more importance on the payoffs than the costs of his or her illegal/irresponsible behavior.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

4. The participant understands the connection between behaviors and consequences.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

5. The participant understands the connection between situations, self-talk, feelings and behavior.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

6. The participant knows his or her body signals for high-risk feelings.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

7. The participant knows the situations (people, places and things) that are high-risk for him or her.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

Attitudes Average (Total ÷ 3) =

Knowledge

4. The participant understands the connection between behaviors and consequences.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

5. The participant understands the connection between situations, self-talk, feelings and behavior.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

6. The participant knows his or her body signals for high-risk feelings.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4

7. The participant knows the situations (people, places and things) that are high-risk for him or her.
   - Strongly Agree
   - Agree
   - Disagree
   - Strongly Disagree
   1 2 3 4
### Knowledge (continued)

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>8. The participant knows the situations (people, places and things) that are positive for him or her.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>9. The participant understands how self-talk works.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Knowledge Average (Total ÷ 6) =

### Skills

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>10. The participant uses positive self-talk.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>11. The participant is able to identify patterns in his or her thinking, feeling and behavior.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>12. The participant counters difficult feelings with physical activity.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>13. The participant counters difficult feelings with positive self-talk.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>14. The participant uses avoidance or coping skills for managing high-risk situations.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>15. The participant has experimented with coping skills to manage high-risk feelings.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>16. The participant has weighed the payoffs and costs of his or her illegal/irresponsible behavior.</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Skills Average (Total ÷ 7) =

### Overall Score

Overall Average (Overall total ÷ 16) =