Pre-/Post-test

Name: ____________________________________________

Date: __________ Location: __________________________

Questions 1-11 relate to facts about alcohol, other drugs and driving. Please mark only one answer per row. Place a mark that covers the box completely.

1. Which will sober you up?
   - Black coffee
   - Eating a full meal
   - Time
   - Exercise
   - All of the above

2. Which part of the driving task is affected by alcohol consumption?
   - Vision
   - Judgment
   - Reflexes
   - All of the above
   - Only A & C

3. Which of the following has the highest alcohol content?
   - A 12-oz bottle of beer (5%)
   - A 5-oz glass of wine (12%)
   - A 1.5-oz shot of liquor (40%)
   - They all have approximately the same alcohol content

4. Approximately what percentage of the U.S. population does not drink alcohol?
   - Three-quarters
   - One-half
   - One-third
   - One-quarter
   - One-tenth

5. If a person is out at a bar until midnight and drinks to a BAC level of .25, he/she might:
   - Get arrested for DUI while driving home.
   - Get arrested for DUI while driving to work at 7 a.m.
   - Get arrested for DUI while running an errand at 10 a.m. the next day.
   - All of the above

6. On average, how long does it take the body to eliminate one standard drink from the system?
   - 30 minutes
   - Up to 2 hours
   - It depends on the size of the person
   - It depends on how well the person can “hold his or her liquor”
   - It’s impossible to predict

7. Which of the following can be signs of alcohol/other drug addiction or dependence?
   - Requiring a greater amount of the drug to achieve the desired effect
   - Trying to reduce or stop using and failing to do so
   - Spending a lot of time obtaining, using or getting over the effects of using alcohol
   - Continuing to use alcohol/other drugs despite the problems it is causing
   - All of the above

8. Which of the following best describes the action of alcohol on the body?
   - Depressant
   - Stimulant
   - Both stimulant and depressant
   - Neither stimulant nor depressant
   - Hallucinogen

9. If a person goes to bed at midnight with a blood alcohol concentration (BAC) of .25, about what time will the BAC return to 0?
   - 5 am
   - 8 am
   - Noon
   - 3 pm
   - 5 pm
10. When a person takes more than one drug:
   - One drug cancels out the effects of the other
   - The effects of both drugs are multiplied
   - The effects of one drug may interfere with the other
   - All of the above may occur
   - The results can be accurately predicted if you know your tolerance

11. If three different people drink the exact same amount of alcohol, they will:
   - Feel approximately the same
   - Have the same BAC
   - Be able to drive about the same
   - All of the above
   - It’s impossible to predict because everyone responds differently

Questions 12-20 relate to drinking and driving attitudes and behavior. People feel differently, so there are no “right” or “wrong” answers.

12. If I have just one or two drinks, my driving could be affected.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

13. I would not feel safe riding with a driver who has consumed 6 drinks in 2 hours.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

14. My arrest was nobody’s fault but my own.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

15. I need to change some of my alcohol or other drug use patterns.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

16. I have confidence in my plan to avoid future problems with alcohol or other drugs.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

17. I am less likely to abuse alcohol or other drugs as a result of my arrest experience.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
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18. I think coming to this class is a good opportunity to learn important information and plan ahead.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

19. I will not go out drinking again unless I have a way to get home without driving myself.
   - Strongly disagree
   - Disagree
   - I don’t agree or disagree
   - Agree
   - Strongly agree

20. Changing my behavior involves more than simply promising myself “I’ll change.”
   - Strongly disagree
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Questions 1-11 relate to facts about alcohol, other drugs and driving. Please mark only one answer per row. Place a mark that covers the box completely.

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## Pre-/Post-test Answer Key

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Questions 12-20 relate to drinking and driving attitudes and behavior. To score this section, assign the point values to the left of the responses. Total up the points for questions 12-20. If the total is higher on the post-test than the pre-test, there has been a positive change in the participant’s attitudes. If the score is lower on the post-test, this indicates a negative change.

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